



CASK-related intellectual disability

CASK-related intellectual disability is a disorder of brain development that has two main forms: microcephaly with pontine and cerebellar hypoplasia (MICPCH), and X-linked intellectual disability (XL-ID) with or without nystagmus. Within each of these forms, males typically have more severe signs and symptoms than do females; the more severe MICPCH mostly affects females, likely because only a small number of males survive to birth.

People with MICPCH often have an unusually small head at birth, and the head does not grow at the same rate as the rest of the body, so it appears that the head is getting smaller as the body grows (progressive microcephaly). Individuals with this condition have underdevelopment (hypoplasia) of areas of the brain called the cerebellum and the pons. The cerebellum is the part of the brain that coordinates movement. The pons is located at the base of the brain in an area called the brainstem, where it transmits signals from the cerebellum to the rest of the brain.

Individuals with MICPCH have intellectual disability that is usually severe. They may have sleep disturbances and exhibit self-biting, hand flapping, or other abnormal repetitive behaviors. Seizures are also common in this form of the disorder.

People with MICPCH do not usually develop language skills, and most do not learn to walk. They have hearing loss caused by nerve problems in the inner ear (sensorineural hearing loss), and most also have abnormalities affecting the eyes. These abnormalities include underdevelopment of the nerves that carry information from the eyes to the brain (optic nerve hypoplasia), breakdown of the light-sensing tissue at the back of the eyes (retinopathy), and eyes that do not look in the same direction (strabismus). Characteristic facial features may include arched eyebrows; a short, broad nose; a lengthened area between the nose and mouth (philtrum); a protruding upper jaw (maxilla); a short chin; and large ears.

Individuals with MICPCH may have weak muscle tone (hypotonia) in the torso along with increased muscle tone (hypertonia) and stiffness (spasticity) in the limbs. Movement problems such as involuntary tensing of various muscles (dystonia) may also occur in this form of the disorder.

XL-ID with or without nystagmus (rapid, involuntary eye movements) is a milder form of CASK-related intellectual disability. The intellectual disability in this form of the disorder can range from mild to severe; some affected females have normal intelligence. About half of affected individuals have nystagmus. Seizures and rhythmic shaking (tremors) may also occur in this form.

Frequency

The prevalence of *CASK*-related intellectual disability is unknown. More than 50 females with MICPCH have been described in the medical literature, while only a few affected males have been described.

By contrast, more than 20 males but only a few females have been diagnosed with the milder form of the disorder, XL-ID with or without nystagmus. This form of the disorder may go unrecognized in mildly affected females.

Genetic Changes

CASK-related intellectual disability, as its name suggests, is caused by mutations in the *CASK* gene. This gene provides instructions for making a protein called calcium/calmodulin-dependent serine protein kinase (*CASK*). The *CASK* protein is primarily found in nerve cells (neurons) in the brain, where it helps control the activity (expression) of other genes that are involved in brain development. It also helps regulate the movement of chemicals called neurotransmitters and of charged atoms (ions), which are necessary for signaling between neurons. Research suggests that the *CASK* protein may also interact with the protein produced from another gene, *FRMD7*, to promote development of the nerves that control eye movement (the oculomotor neural network).

Mutations in the *CASK* gene affect the role of the *CASK* protein in brain development and function, resulting in the signs and symptoms of *CASK*-related intellectual disability. The severe form of this disorder, MICPCH, is caused by mutations that eliminate *CASK* function, while mutations that impair the function of this protein cause the milder form, XL-ID with or without nystagmus. Affected individuals with nystagmus may have *CASK* gene mutations that disrupt the interaction between the *CASK* protein and the protein produced from the *FRMD7* gene, leading to problems with the development of the oculomotor neural network and resulting in abnormal eye movements.

Inheritance Pattern

This condition is inherited in an X-linked pattern. A condition is considered X-linked if the mutated gene that causes the disorder is located on the X chromosome, one of the two sex chromosomes in each cell. In females, who have two copies of the X chromosome, one altered copy of the gene in each cell is sufficient to cause the disorder. In males, who have only one X chromosome, a mutation in the only copy of the gene in each cell causes the condition. In most cases, males experience more severe symptoms of the disorder than females. A characteristic of X-linked inheritance is that fathers cannot pass X-linked traits to their sons.

Other Names for This Condition

- CASK-related disorders
- X-linked intellectual deficit, Najm type

Diagnosis & Management

Genetic Testing

- Genetic Testing Registry: Mental retardation and microcephaly with pontine and cerebellar hypoplasia
<https://www.ncbi.nlm.nih.gov/gtr/conditions/C2677903/>

Other Diagnosis and Management Resources

- GeneReview: CASK-Related Disorders
<https://www.ncbi.nlm.nih.gov/books/NBK169825>

General Information from MedlinePlus

- Diagnostic Tests
<https://medlineplus.gov/diagnostictests.html>
- Drug Therapy
<https://medlineplus.gov/drugtherapy.html>
- Genetic Counseling
<https://medlineplus.gov/geneticcounseling.html>
- Palliative Care
<https://medlineplus.gov/palliativecare.html>
- Surgery and Rehabilitation
<https://medlineplus.gov/surgeryandrehabilitation.html>

Additional Information & Resources

MedlinePlus

- Encyclopedia: Brain Structures (image)
<https://medlineplus.gov/ency/imagepages/19236.htm>
- Encyclopedia: Hearing Loss (Infants)
<https://medlineplus.gov/ency/article/007322.htm>
- Encyclopedia: Intellectual Disability
<https://medlineplus.gov/ency/article/001523.htm>
- Encyclopedia: Microcephaly
<https://medlineplus.gov/ency/article/003272.htm>

- Encyclopedia: Nystagmus
<https://medlineplus.gov/ency/article/003037.htm>
- Encyclopedia: Strabismus
<https://medlineplus.gov/ency/article/001004.htm>
- Health Topic: Brain Malformations
<https://medlineplus.gov/brainmalformations.html>
- Health Topic: Cerebellar Disorders
<https://medlineplus.gov/cerebellardisorders.html>
- Health Topic: Developmental Disabilities
<https://medlineplus.gov/developmentaldisabilities.html>
- Health Topic: Eye Movement Disorders
<https://medlineplus.gov/eyemovementdisorders.html>
- Health Topic: Optic Nerve Disorders
<https://medlineplus.gov/opticnervedisorders.html>

Additional NIH Resources

- National Institute of Neurological Disorders and Stroke: Cerebellar Hypoplasia
<https://www.ninds.nih.gov/Disorders/All-Disorders/Cerebellar-hypoplasia-Information-Page>
- National Institute of Neurological Disorders and Stroke: Microcephaly
<https://www.ninds.nih.gov/Disorders/All-Disorders/Microcephaly-Information-Page>

Educational Resources

- Centers for Disease Control and Prevention: Developmental Disabilities
<https://www.cdc.gov/ncbddd/developmentaldisabilities/>
- eyeSmart: What is Low Vision?
<https://www.aao.org/eye-health/diseases/low-vision>
- MalaCards: cask-related intellectual disability
http://www.malacards.org/card/cask_related_intellectual_disability
- Orphanet: X-linked intellectual disability, Najm type
http://www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=EN&Expert=163937
- Washington University Neuromuscular Disease Center
<http://neuromuscular.wustl.edu/ataxia/recatax.html#cask>

Patient Support and Advocacy Resources

- American Association on Intellectual and Developmental Disabilities
<http://aaidd.org/>
- Hearing Loss Association of America
<http://www.hearingloss.org/>
- The Arc: For People with Intellectual and Developmental Disabilities
<http://www.thearc.org/>

GeneReviews

- CASK-Related Disorders
<https://www.ncbi.nlm.nih.gov/books/NBK169825>

ClinicalTrials.gov

- ClinicalTrials.gov
<https://clinicaltrials.gov/ct2/results?cond=%22CASK-related+intellectual+disability%22+OR+%22Intellectual+Disability%22>

Scientific Articles on PubMed

- PubMed
<https://www.ncbi.nlm.nih.gov/pubmed?term=%28%28CASK%29+AND+%28intellectual+disability%29%29+AND+english%5Bla%5D+AND+human%5Bmh%5D+AND+%22last+3600+days%22%5Bdp%5D>

OMIM

- FG SYNDROME 4
<http://omim.org/entry/300422>
- MENTAL RETARDATION AND MICROCEPHALY WITH PONTINE AND CEREBELLAR HYPOPLASIA
<http://omim.org/entry/300749>

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